
Criteria for Approval of a Post Mastectomy Fitter Course

Application Fee:	\$300
Length of Course:	Minimum of 8 hours (lunch and break time will not count towards the 8 hours)
Didactic Content Delivery Method:	The didactic portion of the course may be delivered in a variety of methods including home study, internet or in-person. <i>If you are offering any portion on-line, you must provide NCOPE with web address and access to review and evaluate the program as offered and presented on-line.</i>
Lab:	A minimum of a 2 hours lab (in-person) portion for students must be included. This lab section should include, measuring techniques, product choice and practice of patient etiquette.
Course Content:	The course must include the following content for didactic and lab portions. Upon completion of the course students should have acquired the listed knowledge and skills as well as be able to demonstrate their ability to perform the tasks identified in the domains of patient assessment, formulation of treatment plan, implementation of treatment plan, follow-up treatment plan, practice management, and promotion of competency and enhancement of professional practice.

Overview of didactic and lab content

- Breast prostheses
- Mastectomy products and services
- Professional ethics
- Practice management/HIPPA



Knowledge and Skills

At the completion of the course students should have knowledge and skill in the following:

Knowledge:

Knowledge of musculoskeletal anatomy, including upper limb: chest/upper limb and spinal

Knowledge of anatomical landmarks

Knowledge of symptoms of compensatory damage incident to physiological imbalance

Knowledge of BASIC psychosocial disorders/issues that may be encountered

Knowledge of applicable medical terminology

Knowledge of referral documents

Knowledge of measurement tools and techniques

Knowledge of procedures to record data

Knowledge of policies and procedures regarding privileged information

Knowledge of roles and responsibilities associated with other professions

Knowledge of reimbursement protocols (e.g., DMERC, HCFA)

Knowledge of material safety procedures and standards (e.g., OSHA, MSDS)

Knowledge of universal precautions, including sterile techniques and infection control

Knowledge of ethical standards regarding proper patient management

Knowledge of scope of practice related to mastectomy fitter credentials

Knowledge of when to refer the patient to other healthcare providers/caregivers

Knowledge of prosthetic forms (e.g., assessment, measurement, evaluation, outcomes)

Knowledge of pathologies (e.g., cancer, surgical types and lymphedema issues)

Knowledge of care and maintenance of breast prostheses

Knowledge of item warranty and warranty limitations

Knowledge of available educational materials

Knowledge of loss control (e.g., risk management, inventory control)

Knowledge of federal and state rules, regulations, and guidelines (e.g., FDA, ADA)



Skills

Skill in interpreting referral documents

Skill in interviewing patients and referral sources

Skill in gross surface anatomy (e.g., identification of anatomical landmarks)

Skill in interpretation of physical findings (e.g., recognizing skin pressures, dermatological conditions)

Skill in managing patients relative to their condition

Skill in measuring for mastectomy prostheses

Skill in using mechanical measuring devices (tape measure is only device necessary or used)

Skill in solving patient's problems related to ADLs (e.g., dressing, driving)

Skill in evaluating fit and function of a mastectomy prosthesis

Skill and knowledge of manufacturer product lines

Skill in documentation

Upon completion of the course students should be able to demonstrate their ability to accomplish the following:

Patient Assessment

- Review patient's prescription/referral
- Take a comprehensive patient history, including previous use of a prosthesis, diagnosis, work history, a vocational activities, medical history and patient expectations
- Consult with other healthcare professionals and caregivers about patient's condition to assist in formulating a treatment plan
- Communicate to patient and/or caregiver about the recommended treatment plan and any optional plans
- Refer patient, if appropriate, to other healthcare professionals (e.g., psychologist, therapist, physician) for intervention beyond mastectomy scope of practice



Formulation of the Treatment Plan

- Evaluate the findings to determine a prosthetic recommendation
- Formulate treatment goals and expected prosthetic outcomes
- Consult with physician/referral source to modify, if necessary, the original prescription and/or treatment plan
- Identify type, size, shape and attachment of breast prosthesis to support anticipated outcome
- Develop a plan for patient needs, including patient education and follow-up
- Inform patient or responsible parties of their financial responsibilities as they pertain to proposed treatment plan

Implementation of the Treatment Plan

- Inform patient, family, and/or caregiver of the prosthetic/mastectomy procedures, possible risks, and time involved in the procedure
- Select appropriate prosthetic design and materials in order to implement treatment plan
- Consult manufacturers product guidelines (e.g. recommended use, limitations, care)
- Assemble prescribed product by assembling selected materials/components in order to prepare for fitting and/or delivery
- Assess breast form for fit and comfort and to ensure that manufacturers' guidelines have been followed prior to patient fitting/delivery
- Ensure that products are fit/delivered as prescribed
- Educate/counsel patient and/or caregiver about the use and maintenance of the prosthesis and garment (e.g., cleaning and other instructions)
- Document treatment using established record-keeping techniques to verify implementation of treatment plan



Follow-up Treatment Plan

- Solicit subjective feedback from patient and/or caregiver to determine status (e.g., wear schedule/tolerance, comfort, perceived benefits, perceived detriments, ability to don and doff, proper usage and function, overall patient satisfaction)
- Assess patient's: functional level, skin condition, general health and psychosocial status
- Determine need for changes relative to initial treatment goals by assessing fit of prosthesis and garment
- Document all findings and actions and communicate with appropriate healthcare professionals (e.g., referral sources, colleagues, supervisor) to ensure patient status is updated
- Develop long-term follow-up plan relative to diagnosis/prognosis

Practice Management

- Understand requirements of federal compliance regulations for the delivery of device within the Mastectomy Fitter Scope of Practice (e.g. Medicare, HIPPA)
- Understand requirements of state compliance regulations for the delivery of device within the Mastectomy Fitter Scope of Practice (e.g. Medicaid, indigent care programs)
- Understand procedures for universal precautions and disposal of bio-hazardous materials
- Demonstrate proper documentation of patient history and financial records by using established record-taking techniques in order to verify patient care and other pertinent information

Promotion of Competency and Enhancement of Professional Practice

- Participate in continuing education and/or provide such education for other healthcare professionals
- Participate in/with consumer organizations and nongovernmental organizations in order to promote competency and enhancement of prosthetic profession

